



2009 City of Colwood GO LOCAL TOMATO CHALLENGE

There are three categories of challenge and four divisions. But the most important objective throughout the challenge is TO HAVE FUN!!!!

Competitive Divisions:

Child: 2 to 12 yrs Teens: 13-18 yrs Adults: 19-54 yrs Seniors: 55+

CHALLENGE CATEGORY: Growing

Mine is Better Than Yours: A Matter of Taste

A panel of tomato experts passes judgement on the tomatoes with the biggest flavour package. **When: September 2**

Mine is Bigger Than Yours: A Matter of Size

1 - Whoever has the biggest tomato wins!

When: September 30 at the final Colwood Farmers' Market of the Season (tomato gurus will be in attendance)

2 - Whoever has the most prodigious producer wins! A love-in!

When: September 30

CHALLENGE CATEGORY: Cooking

Iron Chef WestShore: VIP Battle Tomato

VIP challengers, together with one other member of their competing organization will have an opportunity to select an ICC member chef to collaborate with in Battle Tomato at the Colwood Farmers' Market. We'll make great local ingredients (including the not-so-secret one) available and we'll watch team-cooking in action. Market visitors will have a chance to sample some of the creations, and a celebrity panel will anoint the West Shore's Iron Chef. **When: Wednesday, September 2nd.**

2nd Annual GO LOCAL Pizza Challenge

Local members of the Island Chefs' Collaborative will face off in the finger-licking wrap-up to the Farmers' Market Season at the JDF Rec Centre. Flavourful local ingredients come together with culinary artistry and an awesome cob oven to create some of the finest pie anywhere. Don't miss it! **When: Wednesday, September 30th.**

CHALLENGE CATEGORY: Celebration

TomatoART

Challengers submit photography, fine art, craft and poetry celebrating the magnificent tomato. The work should not exceed 24"X24" in size. Artists/craftspeople must submit their work to the Colwood Farmers' Market on or before Wednesday, September 2nd. Winners announced at the market Wednesday, September 30th.

When: Submission Sept 2/Winners Announced Sept 30

Use only organic fertilizer, compost and natural soil amendments to grow your luscious toms, and follow the care and feeding recommendations of our garden gurus on the web site.

Tracking the Tomato Challenge

All summer long, we'll be following the progress of our VIP challengers and others on the Colwood Farmers' Market and other websites. Official Challenge Updates will be made as approximately once a month:

July 29, Aug 5 and 12 - Talking Tomatoes – Looking for tips on how to make your tomatoes tops? Drop by the Colwood Farmers' Market to Talk Tomatoes with Farmer Sandy. 4-7pm While you're there, taste what's fresh on the West Shore!

August 26 – Challenge Update #1 and Iron Chef WestShore #1 - West Shore Island Chefs tantalize our taste buds with local farm flavours!

September 2 – Challenge Update #2, "Mine is Better Than Yours: A Matter of Taste" competition and VIP Battle Tomato

September 30 – Challenge Wrap-up. Challenge finale for "Mine is Bigger Than Yours" and TomatoART; 2nd Annual GO LOCAL Pizza Challenge with Island Chefs. A chance to show off your ripe tomatoes and swap stories with groovy garden gurus.